

Youth Go Paddling & Canoe 2012 Agenda

10:00 :-Everyone meet and have a quick brief, split into groups

10:30 :-Give individual group talks of what they will be doing and get changed accordingly

11:00-13:00 :- Paddling workshops/courses

13:00-13:45 :- LUNCH

13:45-14:45 :-Various competitions all running at once on different parts of the site

14:45-15:45:- Everyone meet at the front jetty for games

15:45-16:00 :- Debrief and changed

Paddling Workshops

Introduction to paddling (Kayak): For complete novices or people who just want to improve their basic skills (no boating experience required)

Introduction to paddling (Canoe): For complete novices or people who just want to improve their basic skills (no boating experience required)

Intermediate paddling (Kayak): Learn or improve 2* skills

Intermediate paddling (Canoe): Learn or improve 2* skills

Bell boat workshop: Learn how paddle in unison, make your strokes efficient and control the boat

Canoe 2012 Competition Events

Bell boat Race

Bell boat Tug of war

Cross stream slalom challenge

Canoe relay and obstacle course

Sprint

Location

Upton Warren Outdoor Education Centre
Bromsgrove
Worcestershire
B61 7ER

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